



[www.ptkalumni.org](http://www.ptkalumni.org)  
[www.ptk.org](http://www.ptk.org)

**“There are just too many easy, bad choices out there.”**—Scott Cutshall (Lost 331 pounds, bicycle competitor)

# HELP!

International Honors Institute 2010  
Chapman College, Orange CA  
June 14, 2010  
NV/CA Alumni (You and I) are hosts:  
Please collect and send “Goodie Bag”  
items by June 7<sup>th</sup> to:  
Sal Addotta  
Santa Ana College Library  
1530 W. 17<sup>th</sup> Street, Santa Ana, CA  
92706-3398.

## 7 Ways to Use Posters Effectively

Bongarde Communications

1. Change Them often
2. Locate with care
3. Display one at a time
4. Lighting and poster condition for good viewing
5. Appropriateness
6. Permanence (year around-laminate)
7. Special effects to draw eyes

WELCOME TO OUR NEWEST CHAPTER

**Beta Sigma Rho Chapter**

Moorpark College, Moorpark CA

## Organize Your Job Search Plan

- \* Create a powerful portfolio - clean copies and organized. CD copies and business cards.
- \* Keep track of your search with a planner - build a record of your applications, company literature, notes, contacts and follow-up information.
- \* Build reference book with insights and advice - sort by subject and flag important items.

## Call it self-sabotage ...

That's what many otherwise competent people do to themselves every day. How?

- By overreacting emotionally and hurting their relationships — both at work and at home.
- By staying stuck in habits that hurt them, such as procrastination, overeating, disorganization, and avoiding conflict ... the list goes on.

## ALUMNI PRESIDENT'S CORNER

Hello Fellow Members~

Last month I was thrilled to be your NCRAA representative at the International Convention in Orlando, FL. I met a lot of our fellow Alum and was able to make contacts for assistance with our hosting duties for the upcoming International Honors Institute. The Follette Company has donated 400 reusable bags and Geico Insurance is donating 400 pens! Next year the Convention will be in Seattle, WA a bit closer to us. I hope all that can attend next year will; it is great fun!

Speaking of fun, our hosting duties for the International Honors Institute (IHI) has been great! We have had some help filling the wish list for IHI from Chapters in our Region yet, we still could use a few more things such as snacks and door prizes for the Hospitality Table. You can get the list on our website, [ptkalumni.org](http://ptkalumni.org), click on Activities then click on the Donations list. You will find a list with the desired count per item. Your donations do not have to be a full count however we need to know what your donating and how many. Please email the board at [ncraa@gmail.com](mailto:ncraa@gmail.com) We should have about 400 students attending this year and we want them to all to feel comfortable and welcome them to the Nevada/California Region. Thank you for your support!!

*Once a Kappan, Always a Kappan!!*

~Jesse Lyn