



ALUMNEWS

LINKS

www.Ptkalumni.com
www.ptk.org

Email: nvcaraa@gmail.com.

“Those who do not find time for exercise will have to find time for illness.” —Earl of Derby

Fitness is vital for Health

It is not just your brain that needs to exercise! Physical exercise allows your brain to work more efficiently because of better blood circulation.

While in your favorite chain stores, walk over to the manager's office and request donations for the International Honors Institute.

Picking up, packing, and shipping the items will be great exercise! Opportunity for walking: Be a host to assist attendees with luggage at the conference.



International Honors Institute 2010 Chapman College, Orange CA
NV/CA Alumni are hosts: your help is vital to the success of this event. Please collect and send "Goodie Bag" items to:

Sal Addotta
Santa Ana College Library
1530 W. 17th Street, Santa Ana, CA
92706-3398.

New NCRAA Members: Beckie Biagini, Claudia Duran, Jake Finley, Kim Garback, Babatunde Harrison, Laurie Inks, Freddie Lou, John Mantle, Michelle Mitchell, Luba Pislar, Rae Scevers, Theresa Thian, Travis Vander Velden, Catherine Wong.

It is the mark of an educated mind to be able to entertain a thought without accepting it.-Aristotle

NCRAA officers for 2010

President	Jesse Lyn
Vice President	Claudia Duran
Secretary	Faustina Washburn
Treasurer	Jake Finley
Director of Communications	Theresa Thian
Director	Kim Garback
Director	Luba Pislar
Director	Catherine Wong
Director	Freddie Lou

Tentative Regional 2010 Schedule

Regional Honors Institute: Jul-23-25, Sierra College
Regional Leadership: Nov-5-7, Irvine College
Regional convention: Mar-4-5, Skyline College

Welcome: **Beta Sigma Nu, San Joaquin Valley College in Rancho Cucamonga, CA**

ALUMNI PRESIDENT'S CORNER

Hello Fellow Members~

It is my great honor to welcome the new NCRAA Board members. We have a wonderful year ahead of us which includes our upcoming International Honors Institute hosting responsibilities. Please visit our website, www.ptkalumni.org for details as how you too can lend a hand with this important Alumni Regional Project.

NCRAA was proudly represented at the charting, induction and installation of officers for the newest chapter, Beta Sigma Nu of San Joaquin College! They inducted 39 students!! For those of you who have never gone to a charting, it is a wonderful experience, I highly recommend it. The Campus Director Sherril Hein has given her full support to the chapter and wants to become involved in our Region. We all look forward to seeing Beta Nu Sigma members at the Regional Honors Institute.

I, along with NCRAA VP, Claudia Duran and Communications Director, Theresa Thian, will be attending the upcoming International Convention in Orlando, FL next week. We will be looking forward to seeing everyone there...and oh! Do not forget our own Sheila Burson (former Regional President) is running for Division 4 VP!! Let's get out and support her at the convention. Go Sheila!

Once a Kappan, Always a Kappan!!
~Jesse Lyn